

Summer School Program 2019
The Barstow School



STOP
think about eating a smaller portion

SLOW
balance your meal with green choices

GO
eat all you want!

Weekly Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Weeks 1-8	Weeks 1-8	Weeks 1-8	Weeks 1-8	Weeks 1-8
<ul style="list-style-type: none"> ● Chicken Nuggets ● French Fries ● Carrot Sticks ● Ranch Dressing ● 2% Milk ● Whole Fresh Fruit ● Chocolate Chip Cookies ● Sun Butter & Jelly Sandwich <p>(Vegetarian Option Veggie Burger) Cooked upon Request</p>	<ul style="list-style-type: none"> ● Hotdog on a Bun ● Macaroni & Cheese ● Buttered Corn ● 2% Milk Ice Cream Cup with Chocolate Sauce ● Sun Butter & Jelly Sandwich <p>(Vegetarian Option Veggie Burger) Cooked upon Request</p>	<ul style="list-style-type: none"> ● Grilled Cheese Sandwich ● Tater Tots ● Carrots and Ranch ● 2% Milk ● Chocolate Chip Cookies ● Sun Butter & Jelly Sandwich 	<ul style="list-style-type: none"> ● Hamburger ● House-Fried Chips ● Steamed Peas ● 2% Milk Ice Cream Cup with Chocolate Sauce ● Sun Butter & Jelly Sandwich <p>(Vegetarian Option Veggie Burger) Cooked upon Request</p>	<ul style="list-style-type: none"> ● Mangia! Mangia! Cheese Pizza ● Tossed Garden Green Salad ● Ranch Dressing ● 2% Milk ● Fresh Fruit Salad ● Chocolate Marble Bars ● Sun Butter & Jelly Sandwich

Please Note: If your child has any special dietary needs, we strongly urge them to bring a lunch to camp, our menu can be subject to change.